



ACESO Medical

Family & Occupational Medicine

SERVICES BROCHURE



Mobile & Drop-in Medical Services
www.acesomedical.com

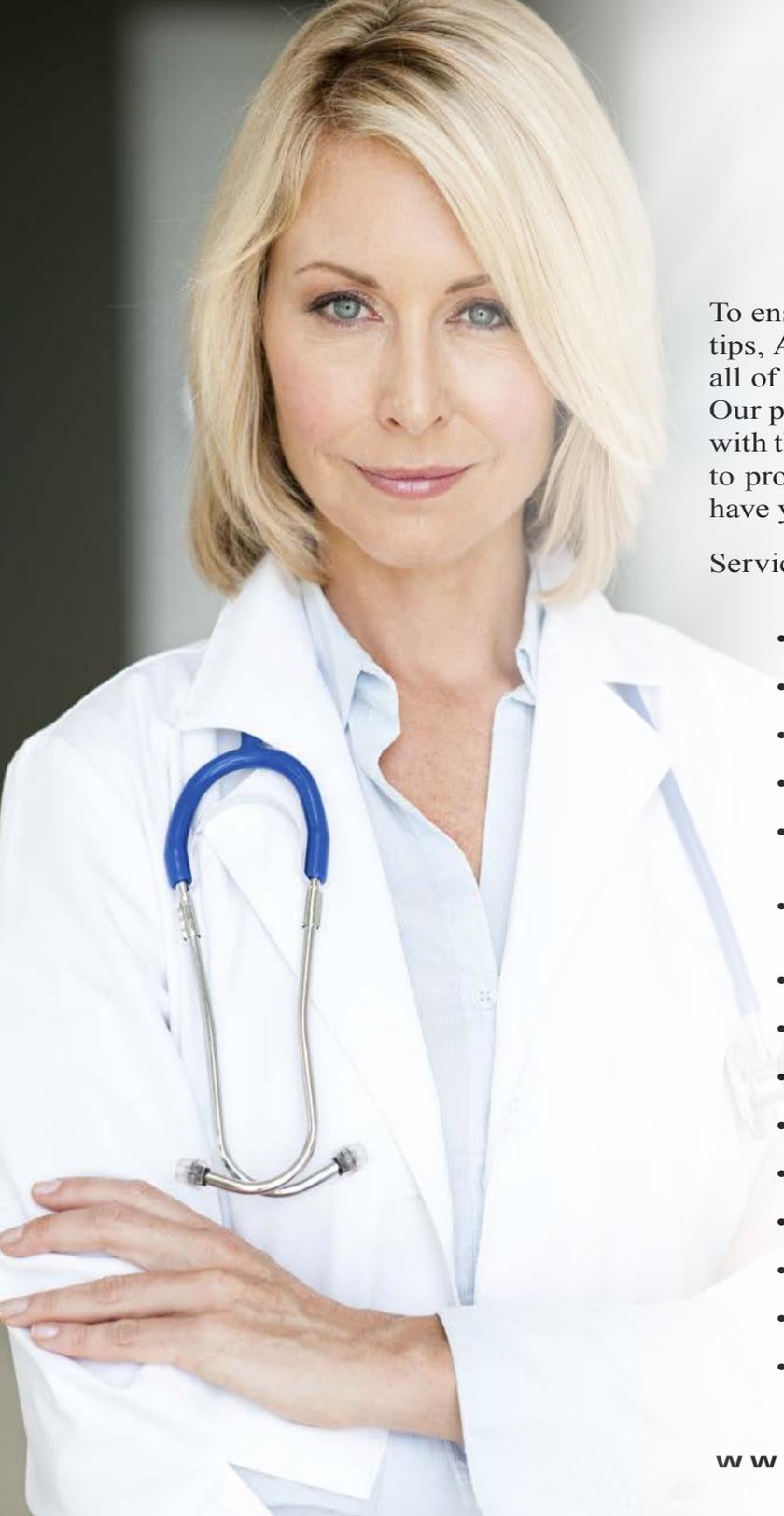


Occupational Health Services

- ✦ **PHYSICIAN SERVICES**
- ✦ **CUSTOM HEARING PROTECTION**
- ✦ **DRUG & ALCOHOL TESTING**
- ✦ **ERGONOMIC ASSESSMENTS**
- ✦ **AUDIOMETRIC TESTING & AUDIO PLUS (INSTRUCTION & TESTING)**
- ✦ **SPIROMETRY / CARDIOPULMONARY TESTING**
- ✦ **PRE-EMPLOYMENT PACKAGES**
- ✦ **CRITICAL JOB DEMANDS ANALYSIS (PDA)**
- ✦ **QUANTITATIVE FIT TESTING & FIT TEST PLUS (INSTRUCTION & TESTING)**
- ✦ **POST OFFER-PRE EMPLOYMENT ASSESSMENTS (POPE)**

Industrial Hygiene Services

- ✦ **AIR EXPOSURE MONITORING**
- ✦ **SOUND LEVEL EXPOSURE ASSESSMENT**



PHYSICIAN SERVICES

EMPLOYER INJURY SERVICES

To ensure that you have the most qualified support and information at your finger tips, Aceso Medical can provide you with a vast array of medical services to meet all of your needs - performed by our fully licensed and insured Medical Doctors. Our physicians are available on call for emergencies and have contract experience with the largest oil field companies. From on-site post-injury medical examinations to processing thousands of employees through employment screens, our doctors have you covered.

Services provided by our physicians include:

- Pre-placement medical examinations for new jobs or job transfers
- Respirator fitness medical
- Professional driver's license medical examinations
- Industrial biological monitoring and periodic medical examinations
- Post incident assessments, post exposure assessments and follow up assessments
- Fitness for work examinations including assessments for modified work and gradual return to work programs
- File & claim reviews and recommendations
- Medical and procedural assistance in insurance and WCB matters
- Assistance in preventing OSHA recordability
- Independent medical examinations (IMEs)
- Disability management
- General occupational health consultations
- Assistance in the development of occupational health programs
- Medical Directives for RNs
- Walk-in Medical Services

CUSTOM HEARING PROTECTION

Aceso Medical distributes four major brands of world renown hearing protection devices. Suitable for the workplace, shooting ranges, stage and general use. We have a brand and model that will meet your needs.



Westone has been involved in the hearing industry and making HPDs (hearing protection devices) since the 1960s. As the leading brand of custom HPDs in North America, Westone's DefendEar Line of products are without parallel and provide more optional design choices and functions than any other manufacturer. Perfect for the worker who truly cares about their hearing, these are ideal for all noisy environments. DefendEar is available in standard and electronic HPDs.



Starkey products run the gamut from custom HPDs to electronic versions. As a major producer of hearing aids and other hearing products, Starkey is able to provide your workers with unique options for both industrial and recreational settings.



Oto provides versatile, cost effective custom HPD devices that are popular with many large employers. If you are looking for a high quality HPD at a decent price point this is the product line for you.



Jerry Harvey Audio is the world leader in custom In-Ear Monitor technology. Providing 26 dBA of sound attenuation, up to 12 speakers per ear and boasting innovative technology patents its no wonder that JH Audio IEMs are used by every major recording artist in North America. Ideal for MP3 players, gaming devices, computers and more, Jerry Harvey Audio in-Ear Monitors provide pure listening enjoyment. They are precisely custom-fit for your ears to block out unwanted noise and deliver the ultimate in comfort and crystal-clear sound clarity. Design your music with custom graphic elements for a variety of listening needs.



Mobile Service Available

DRUG TESTING

5 / 7 / 12 Panel Express Testing (Oral / Urine)

When you need accurate results fast, the Express Test is the only way to go. We check for the most commonly abused drugs (5 panel includes Amphetamines, Cannabinoids, Cocaine, Opiates and Phencyclidine) immediately and on-site. Our scientific system checks for the most common adulterants to ensure accurate results. Aceso Medical follows the most rigorous standards even for our express tests, which means you get world class professional drug tests at a economical price. With the addition of 7 and 12 panel testing, a wider spectrum of substances can be detected, including many commonly abused Rx drugs. Drugs tested for Include:

THC
PCP
Amphetamines
Opiates
Cocaine
Methamphetamines

Barbiturates
Benzodiazepines
Methadone
Oxycodone
Propoxyphene

Lab Based Drug Tests / D.O.T.

Aceso Medical is proud to be able to provide lab based / DOT compliant on-site drug testing. All our tests are performed by a team of dedicated professional technicians who adhere to and comply with all current testing regulations. All samples, once collected, are sent to a lab for confirmation of results. Lab testing can even be performed on non-negative results from our express tests for the best combination of price and accuracy.

Hair Follicle Testing

When you need information covering long periods of time, hair follicle testing is the way to go. Available in 5 Panel or 5 Panel + Extended Opiates.

Evidential Alcohol Screening

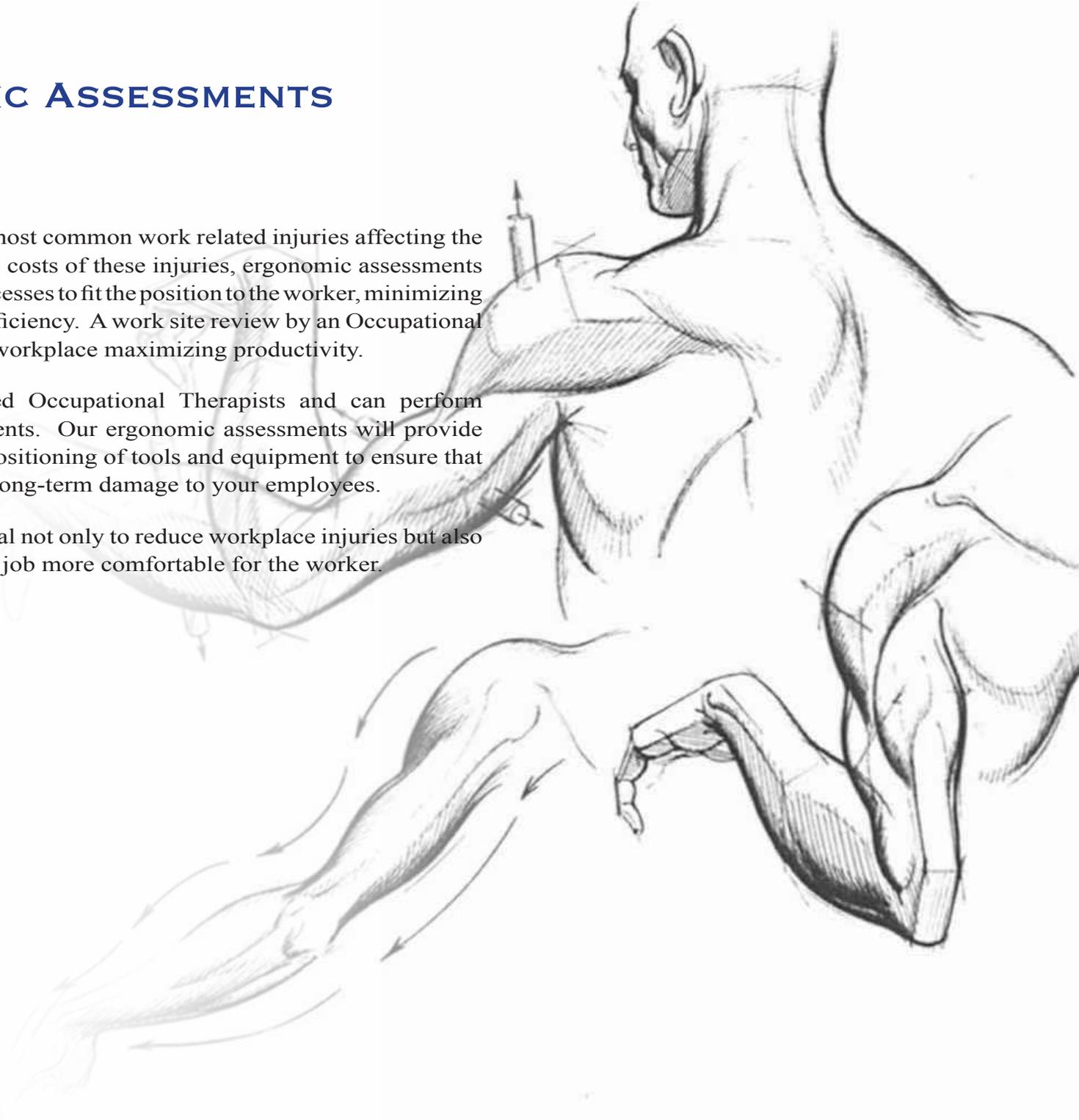
Get documented, reliable, instant results either at our office location or on your site.

ERGONOMIC ASSESSMENTS

Musculoskeletal disorders are the most common work related injuries affecting the Canadian workforce. To reduce the costs of these injuries, ergonomic assessments evaluate the job, equipment and processes to fit the position to the worker, minimizing injury, and supporting continued efficiency. A work site review by an Occupational Therapist can ensure a supportive workplace maximizing productivity.

Second Impressions uses qualified Occupational Therapists and can perform both office and industrial assessments. Our ergonomic assessments will provide information regarding the proper positioning of tools and equipment to ensure that repetitive movements don't cause long-term damage to your employees.

These assessments have the potential not only to reduce workplace injuries but also improve production by making the job more comfortable for the worker.



AUDIOMETRIC TESTING

Under current legislation all workers, both domestic and foreign, must undergo audiometric exams (hearing tests) when exposed to noise greater than 85 dBA L_{ex} in the workplace. Aceso Medical understands the challenges our clients face when managing this legislation and have developed new and innovative systems to assist you.

These systems include:

- Semi-annual / quarterly visits to catch new hires and missed employees within legislated time frames,
- Instructions and reports in several languages such as Chinese, French, German, Polish, Korean, Vietnamese (please inform us of these needs when booking); and
- Our mobile units test one employee at a time. This purposeful design was chosen to ensure the confidentiality of test results and encourage truthful reporting.

Audio Plus+

Workers must be correctly educated about noise related hazards in the workplace and how to properly protect themselves. Audio Plus takes your employees through the basics of HPD use, understanding hazards and the legislation regarding noise hazards. This digital course runs immediately prior to the audiometric test to ensure a seamless transition and limited workplace disruption.

LUNG HEALTH TESTING

SPIROMETRY (PFT) TESTING

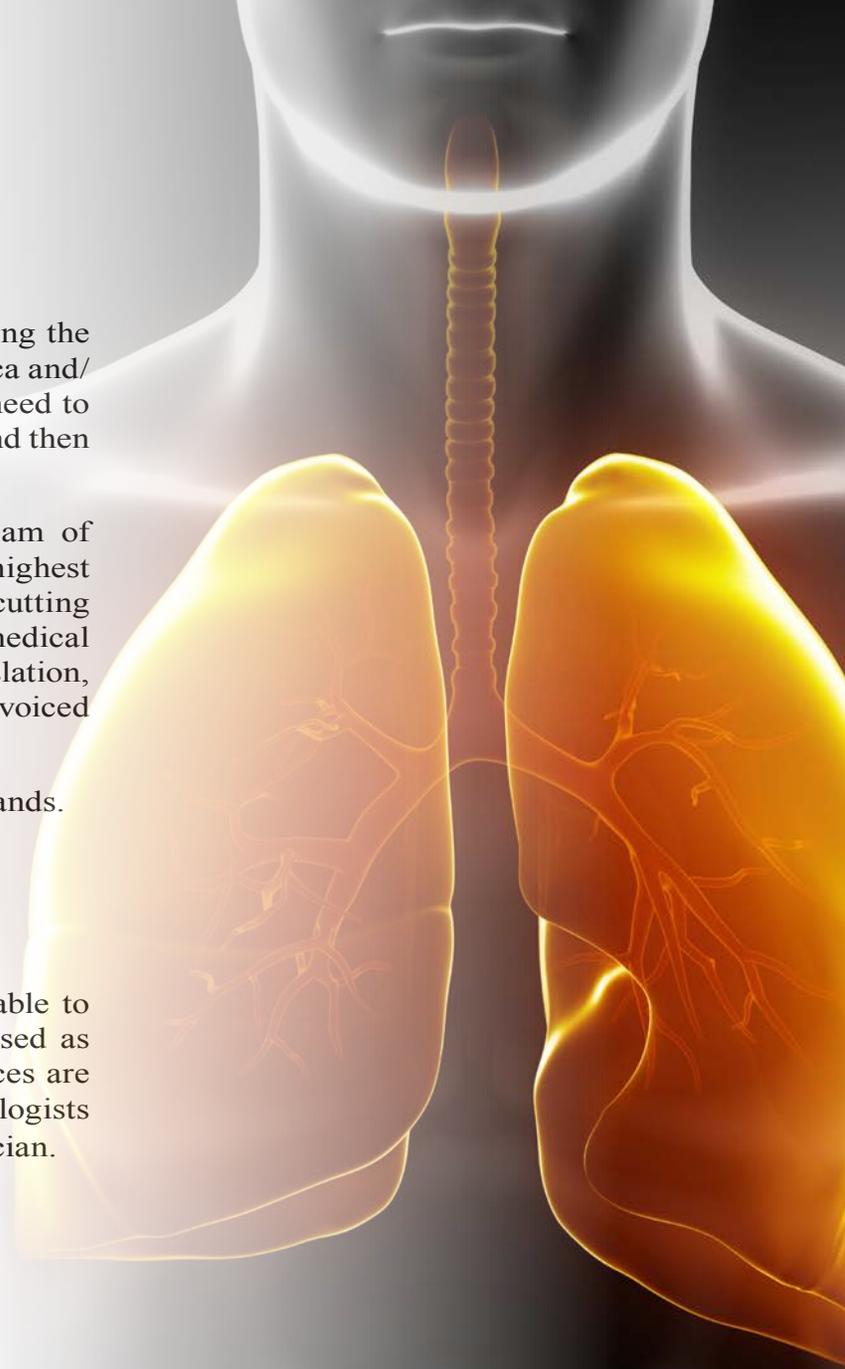
A spirogram is a cardio pulmonary test that is a valuable tool for evaluating the respiratory system of workers who may have been exposed to asbestos, silica and/or coal dust. These tests, required under section 40 of the OH&S code, need to be done within 60 days of worker exposure to asbestos, silica or coal dust and then every two years thereafter.

All Aceso Medical spirometry tests are performed by our qualified team of provincially certified pulmonary function technicians who are held to the highest professional standards. Test records are maintained free of charge in our cutting edge secure database. Not only can you rest assured that your employee's medical records will be held in the strictest of confidence, according to all current legislation, but that you will always know ahead of time what charge, if any, will be invoiced for future storage of those records.

With Aceso Medical your workers' health has never been in more secure hands.

X-RAYS

An intrinsic part of your health monitoring program, Aceso Medical is able to requisition and provide X-rays for your workers. These are commonly used as part of the medical monitoring for Silica and coal workers. X-Ray services are available at locations across Alberta. All X-rays come complete with a radiologists report and can either be forwarded to our in-house or your corporate physician.



PRE-EMPLOYMENT PACKAGES

As part of our continued effort to provide the most efficient, cost effective and informative services to our clients, Aceso Medical is proud to introduce our pre-employment packages. These packages include a variety of services, customized to the client's needs, that will help you meet your legislative concerns while still ensuring that you hire employees who are fit for the job. Taken as a bundle, we are able to offer more savings on our already competitive pricing.

Services included in our pre-employment packages include:

- Drug & Alcohol (DOT & POCT Testing)
- POPEs (Post Offer Pre Employment) Assessments
 - Ideally these assessments are conducted based on a CJDA or PDA performed by a qualified Occupational Therapist (OT) or Physical Therapist. *Don't have a PDA for the job? No problem, we can ensure that one is done or update any where the function has changed significantly.*
 - All of our POPEs are conducted, or over seen, by our resident OT who has numerous years of experience working WCB return-to-work and rehabilitation cases.
- Audiometric Testing / Audio Plus
- Respirator Fit Test / Fit Test Plus
- X-Rays
- Spirometry

**If Aceso is provided with detailed PDAs for all applicable positions we are able to not only determine if an applicant is fit for a specific position but, if required, determine if the applicant is capable of performing other jobs on site.*

** Respiratory Clearance forms (based on the current CSA standard) can be provided to the employee upon request.*

CRITICAL JOB DEMANDS ANALYSIS

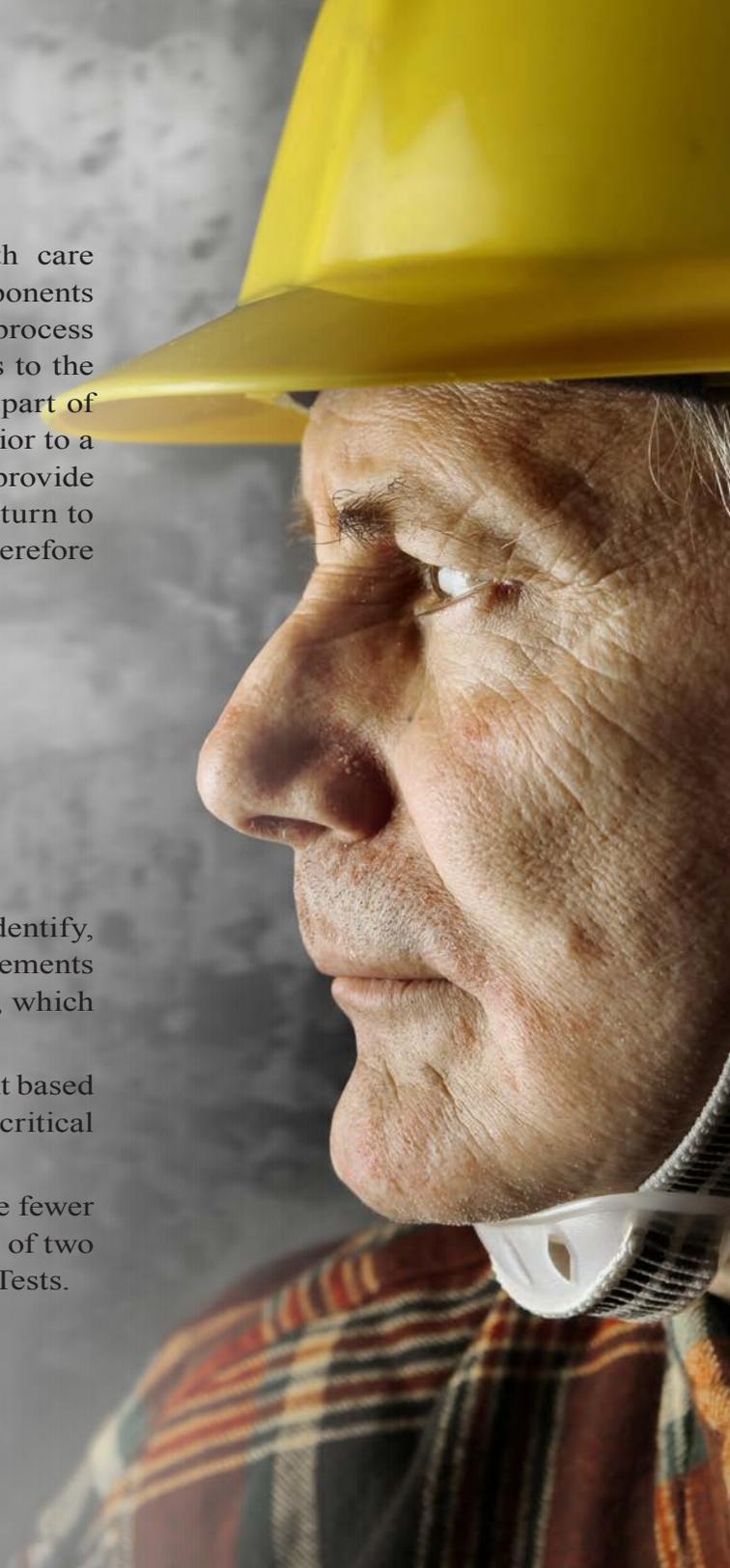
The Physical Demands Analysis (PDA) is an important tool used by health care providers, employers and injured workers to help determine the physical components of a worker's job function. PDAs are used to help coordinate the return to work process of an injured worker by confirming the critical job demands and comparing this to the physical and functional tolerances of the injured worker. PDAs are an integral part of disability management programs and can be beneficial for employers to obtain prior to a work related injury. By completing a PDA prior to injury, the employer is able to provide stakeholders with an unbiased list of critical job demands. This allows for the return to work plan to focus on return to work barriers instead of the worker's position, therefore providing a more timely, sustainable and successful return to work.

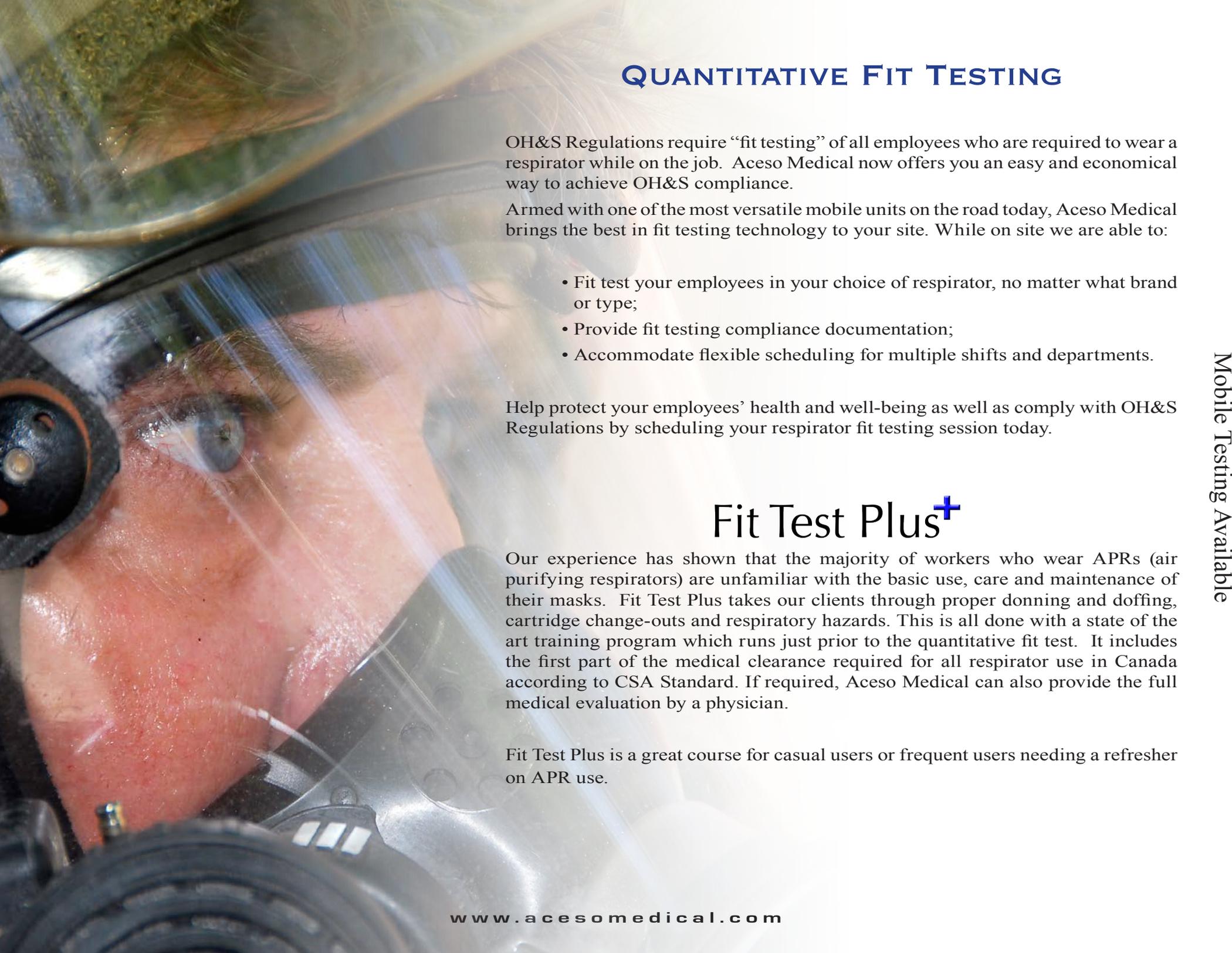
POST OFFER PRE-EMPLOYMENT ASSESSMENT (POPE)

POPEs are a functional assessment that can legally and effectively be used to identify, prior to employment, if an individual is able to perform the essential physical requirements of a particular job. POPEs can also be used to establish a baseline for employees, which aids in the rehabilitation of an injured worker.

POPE assessments can be used to avoid discrimination and represent an assessment based on the bona fide occupational requirements (BFOR) of the job by referencing the critical job demands (PDAs) required for the position.

Evidence has found that individuals who successfully pass these assessments have fewer work related injuries and are more productive at work. POPE assessments consist of two components: Musculoskeletal Assessment & Validated Job-Specific Functional Tests.





QUANTITATIVE FIT TESTING

OH&S Regulations require “fit testing” of all employees who are required to wear a respirator while on the job. Aceso Medical now offers you an easy and economical way to achieve OH&S compliance.

Armed with one of the most versatile mobile units on the road today, Aceso Medical brings the best in fit testing technology to your site. While on site we are able to:

- Fit test your employees in your choice of respirator, no matter what brand or type;
- Provide fit testing compliance documentation;
- Accommodate flexible scheduling for multiple shifts and departments.

Help protect your employees’ health and well-being as well as comply with OH&S Regulations by scheduling your respirator fit testing session today.

Fit Test Plus⁺

Our experience has shown that the majority of workers who wear APRs (air purifying respirators) are unfamiliar with the basic use, care and maintenance of their masks. Fit Test Plus takes our clients through proper donning and doffing, cartridge change-outs and respiratory hazards. This is all done with a state of the art training program which runs just prior to the quantitative fit test. It includes the first part of the medical clearance required for all respirator use in Canada according to CSA Standard. If required, Aceso Medical can also provide the full medical evaluation by a physician.

Fit Test Plus is a great course for casual users or frequent users needing a refresher on APR use.

AIR EXPOSURE MONITORING

With the staggering array of new chemicals and proprietary substances being used in today's industry, determining your workers' exposure to hazards can be difficult. Aceso Medical's qualified team is there to assist you with all of your air quality assessments needs. From grab samples to full day exposure monitoring for specific chemicals, Aceso Medical has you covered.

SOUND LEVEL EXPOSURE ASSESSMENT

Under current legislation, all jobs that expose workers to hazardous noise levels must have a formal noise level assessment performed to determine the extent of exposure. These assessments will give you all the information needed to determine whether or not you need audiometric testing or have to implement a Hearing Conservation Program.

All of our reports are legally relevant and follow the methodology outlined in Z107.56-94. Aceso Medical's technicians use only the most advanced in sound level assessment technology, routinely calibrated, to ensure that all results are as accurate as possible.

Aceso Medical takes pride in the assessments we perform for our clients and guarantee all of our Sound Level Exposures. Through comprehensive reporting our sound level assessments give valuable information which allows you to modify scheduling to reduce noise exposure and to ensure that every employee is wearing the appropriate hearing protection for their job function. Aceso Medical is your effective choice for noise testing and noise abatement in the workplace.



About Us

ACESO Medical is the first fully integrated Family and Occupational Medical Clinic in the Greater Edmonton Area.

By leveraging decades of combined experience and industry contacts, the hybrid clinic is well positioned to take advantage of the growing residential demand in Leduc and surrounding areas, helping to fill an ever increasing demand for medical doctors and catering to the occupational medical needs of not only the Nisku Industrial Park but the Greater Edmonton Area.

OUR MISSION

- To provide each and every client with the dignity, respect and high level of service that is expected of a world class medical facility.*
- To ensure that every client walks away healthy and happy with our care during their stay.*
- To care for, and about, the health of each and every one of our patients and ensure that they get the attention they need to regain their health .*

Respect

Integrity

Efficiency

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